

## - ENERGY ANALYSER GOALS -

*Now let's get clear on what you could achieve and what would be possible for you by creating more energy and focusing it on the right activities.*

**If you could spend more time on high level, energy creating activities, what results could that create for your business?**

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**What difference could that make for you personally?**

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# INSIGHTS

STOP DOING	START DOING	DO MORE

**When can you start?**

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**What will your first step be?**

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**OWNING IT**

**Personal declaration:**

By focusing my time on (*insert list of high energy, business growth activities*) the difference it will make to my business will be (*insert benefit*)

And the difference it will make to me personally is (*insert new emotion, level of confidence*)

Lined writing area for personal declaration.